

Invitation for 2 summer camps



1. Training camp in Albertville (F)

From Tuesday 11th April till Saturday 15th April ULPV offers you a training camp in Albertville (F).

All skaters are invited to participate.

There will be one ice training every morning. We propose cycling trips, inline-skating (rollerblades) and dryland training as a second training unit, depending on your motivation/tiredness. We offer you to join once at tree climbing/Via Ferrata. There are nice lakes in the region, joinable by bicycle.

The whole family can be together for most of the time (except ice training), everybody can

join for cycling (that will not be a competition!) and tree climbing/Via Ferrata. You must organize yourself for traveling and accommodation. As the first training will be Tuesday morning, you should travel on Monday. The return can be done Saturday after training.

If you want tips for accommodations, please contact Marco.

Car-sharing is welcome.

2. Summer camp in Oberstdorf (D)

From 29th July to 5th August, the very nice summer camp takes place in Oberstdorf, nice small town in the Alpes.

All skaters of the intermediate and advanced group are invited to participate. Please ask the coach or a committee-member to inform about the level.

From Sunday till Thursday, there are 2 trainings a day or an alternative, funny activity, e.g. mountain-run or biathlon. Non-skating parents and friend can join these activities.

On Friday and Saturday are competitions. At the end a closing dinner takes place.

Traveling back is recommended on Sunday but possible on Saturday evening.

You must organize yourself for traveling and accommodation. The costs for the camp are about $250 \in$.

A lot of time is free between the trainings, such you can join your family or friends for other activities. The camp is therefore compatible with family holidays. Car-sharing is again welcome.

PLEASE TELL US UNTIL 30TH MARCH IF YOU WANT TO PARTICIPATE TO ONE OR TWO OF THE CAMPS.

For further information, don't hesitate to contact us. The ULPV committee.